

Loved Ones:

Jesus says in Matthew 11:29, "Take my yoke upon you, learn of Me, and you shall find rest for your souls."

Rest for our souls. That's inner peace, contentment and satisfaction. Jesus says that we are to go to Him, receive his burden, and He promises to give us that rest, even in our difficulties. Loved ones, do you experience this rest, or do you find yourself restless? A person who does this for us it truly the greatest of friends.

Johnson Oatman, Jr was an ordained Methodist minister, but he worked most of his life in the insurance business. He wrote numerous gospel songs including "Higher Ground" and "County Your Many Blessings."

He wrote some words of another song that helps in times of stress, loneliness and difficult situations. Loved ones, we are in a difficult situation with this virus. But stop and meditate on these phrases about Jesus. "There's not a Friend like the lowly Jesus... None else could heal all your soul's diseases." Since Jesus can heal soul's diseases, don't you think that He can help us with our potential in this disease?

"There's not an hour that He is not near us... No night so dark but His love can cheer us." Do you feel like God is distant? This song tells us the truth that God is not far from every one of us. Also, do you face worries in the night? God does promise to send love to cheer you even in your darkest of times.

"Did ever saint find His Friend forsake him?" Jesus will never leave nor forsake. That means He's with you right now as you face the pressures of life.

"Jesus knows all about our troubles. He will guide till the day is done." This speaks of the truth of Hebrews 4 that we have a Great High Priest (Jesus) Who is touched with all of the feelings of our difficulties, and knows exactly what is going on in our hearts and lives. He knows, and He cares. He promises in Hebrews 4 that if we go to the throne of grace we will find grace, mercy and help in our time of need.

Loved ones, go to Him today. Praise Him for His character that there's never been and never will be a person like Him to do all these things. Also, claim His promises as your shield today.

Love you very much, and praying for you today.