

My Dear Loved Ones:

In Psalm 103:5, God says, "Who satisfies your mouth with good things, / So that your youth is renewed like the eagle's."

The LORD satisfies us. Are you satisfied in life at all? If you are dissatisfied, but God promises to give satisfaction, who is in the wrong: you or God?

Even on this earth, He satisfies our mouth with good things. Think of all the wonderful things that we have to eat! But the word for "mouth" is really the word for "years," "as long as you live," or "desire." He satisfies our years and desires with good things from His Own hand.

Eagles seem to live a very long time; God created them to be that way. Eagles symbolize strength and speed, much like youth symbolizes the same thing. Eagles have buoyant and seemingly tireless strength to rise above their difficulties and soar as they ascend. Loved ones, God has given us the opportunity that if we rise in our hearts toward Him regularly, that we can have that buoyancy and seemingly tireless strength to rise above difficulties as well. Opportunities lie right in front of us every moment of every day, just like they did when we were young. May God give us the gumption to rise to the challenge of them by His strength! Generally speaking, a person blessed by God will slow down and grow weak less rapidly than otherwise. Isaiah 40:29-31 - He gives power to the faint, / and to him who has no might he increases strength. 30 Even youths shall faint and be weary, / and young men shall fall exhausted; 31 but they who wait for the Lord shall renew their strength; / they shall mount up with wings like eagles; / they shall run and not be weary; / they shall walk and not faint. Ps 92:14 says that we can even have fruit in our old age by God's grace!

Loved ones, we're in difficult times. Stop and remember that God satisfies and can help us soar above your troubles both today, this week and always.

Praying for you today, my loved ones.