

My Loved Ones:

In Psalm 103:2, God says, "Bless the LORD, O my soul, / And forget not all His benefits."

We are to praise, thank or bless the Lord with everything inside of us. He demands it; He deserves it. Hopefully, our hearts desire it.

The word "benefits" corresponds to Psalm 13:6: "He has dealt bountifully with me."

Remembering and forgetting in the Bible, particularly in the Old Testament are terms of volition, or words involving the will, or our choosing. To cut to the chase, a person remembers on purpose because they chose to remember on purpose, and a person forgets because they chose not to remember. It is totally different in how we think of "remembering and forgetting." We sometimes think of remembering and forgetting as accidents. "I forgot the definition of that word on the test." "I forgot where I laid my glasses." "Let me go back; I forgot my keys." We normally look at those words as something we do on accident. But in the Bible, remembering and forgetting is far more serious than that. We remember because we choose on purpose to remember and not forget. And we forget, because we choose not to put it in the front of our minds.

Now, let's plug this in here. Here's a command not to forget all of God's bountiful things to us. How do you remember not to forget something? What do you have to do when you really want to remember something?

Whatever you have to do to remember ALL of God's benefits to you, you better do it. Because there's enough bad out there to drive the good from our minds. And it will be driven from our minds, too, unless we remember on purpose not to forget!

We love you and are praying for you today, loved ones.